Continuous Glucose Monitor (CGM) Access Accelerator: Informational Session for Prospective Applicants

April 25, 2023, 4:00-5:00pm ET

Made possible through support from The Leona M. and Harry B. Helmsley Charitable Trust.
Agenda

• Welcome and Introductions
• Remarks by The Helmsley Charitable Trust
• Importance of CGM to Medicaid Beneficiaries
• About the CGM Access Accelerator Opportunity
• Q&A
Welcome & Introductions
Meet Today’s Presenters

Greg Howe  
Senior Fellow, CHCS

Toni Sanchez  
Special Guest Speaker

Madeline Steward  
Program Officer, CHCS

Laurel Koester  
Program Officer, The Helmsley Charitable Trust

Shivani Agarwal  
Associate Professor of Medicine  
Director, Type 1 Diabetes Programs  
Director, Supporting Emerging Adults with Diabetes  
Director, Pilot and Feasibility Program, NY-CDTR  
Associate Director, Fleischer Institute for Diabetes and Metabolism  
Division of Endocrinology, Diabetes, and Metabolism  
Albert Einstein College of Medicine
Center for Health Care Strategies

Dedicated to strengthening the U.S. health care system to ensure better, more equitable outcomes, particularly for people served by Medicaid.

Together with our partners, our work advances:

- **Effective models for prevention and care delivery** that harness the field’s best thinking and practices to meet critical needs.

- **Efficient solutions for policies and programs** that extend the finite resources available to improve the delivery of vital services and ensure that payment is tied to value.

- **Equitable outcomes for people** that improve the overall wellbeing of populations facing the greatest needs and health disparities.
CHCS Approach to Work

We partner with Medicaid stakeholders — including state and federal agencies, managed care plans, providers, community-based organizations and consumers — to promote innovations in health care delivery where they are needed most.

Through our work, we:

- Identify and advance best practices
- Drive policy improvements with evidence and insights
- Develop the capacity and expertise of health care leaders
- Provide practical training, technical assistance, and tools
- Spread success by connecting peers and experts across sectors
The Importance of CGMs to Medicaid Beneficiaries
Impact of Diabetes on Medicaid Beneficiaries

• Diabetes disproportionately impacts people with lower incomes, including those covered by Medicaid, and their care needs are often not met.

• Compared to people with commercial insurance, Medicaid beneficiaries experience higher rates of poor diabetes management, worse glycemic control, and experience more barriers to care, as well as more acute- and long-term complications related to diabetes.

• These disparities point to a critical role for Medicaid in improving access to quality care to improve outcomes and reduce costs for this population.

• Expanding access to continuous glucose monitors (CGMs) is a key way for states to improve diabetes care and reduce health inequities for high-risk populations.
Why Continuous Glucose Monitors?

• CGM use is the standard of care for insulin-treated people with diabetes.

• CGMs allow for improved glucose control because patients can see in real time what their glucose levels are and can eliminate the need for fingerstick blood glucose monitoring.

• Some CGM systems provide alerts, not only for low or high glucose levels, but to predict when a glucose level is falling. This allows a person with diabetes to act before developing hypoglycemia or hyperglycemia.

• Studies demonstrate that more widespread use of and access to CGMs can improve clinical quality and health outcomes, reduce health care costs, and support health equity efforts.
CGM Coverage in Medicaid

• As of January 2023, 46 states and the District of Columbia, provide some level of CGM fee-for-service coverage.

• While there is no consistent Medicaid CGM policy across states, there are common components among state Medicaid agencies that cover CGMs.

• Even when CGMs are covered, guidelines and restrictions can present barriers to access and unintentionally worsen disparities in health outcomes for individuals with diabetes.
How states are covering CGMs

KEY
RX coverage
RX, no prior authorization requirements
DME coverage
FFS coverage not publicly available
Patient & Provider Perspectives

Toni Sanchez & Shivani Agarwal
CGM Access Accelerator Program
Why Launch the *CGM Access Accelerator* Program?

• The program is based on recommendations from CHCS’ January 2022 resource paper, *Expanding Medicaid Access to Continuous Glucose Monitors*.

• While there is increasing understanding of the importance of reducing disparities for Medicaid beneficiaries with diabetes, including by improving access to CGMs, there is no dedicated national network or technical assistance program to support this work.

• The *CGM Access Accelerator* is a concrete and high-impact opportunity for states to improve CGM access and advance health equity within Medicaid.
About the *Access Accelerator*

• The goal is to improve outcomes for Medicaid beneficiaries with insulin-requiring diabetes.

• The *Access Accelerator* is an 18-month, multi-state initiative for Medicaid agencies and partners, which can include staff from public health, Medicaid health plans, and community-based organizations, among others.

• The initiative will center around an Acceleration Project aimed at increasing CGM access, improving clinical health outcomes and quality of life, reducing health care costs, and/or reducing disparities for beneficiaries with insulin-requiring diabetes.
What States Can Expect

**Acceleration Project:** States will propose a CGM-focused Acceleration Project that aims to improve health outcomes and reduce disparities among Medicaid beneficiaries through enhanced CGM access.

**Examples:**
- Transition CGM to a pharmacy benefit
- Develop a pilot project to demonstrate the value of CGMs
- Conduct an analysis to identify and address gaps in CGM access and use
- Leverage community partner(s) to better understand the CGM needs of individuals on Medicaid
- Develop and/or update quality measures for providers and health plans that encourage CGM use to better manage patients with diabetes
- Implement expanded CGM coverage to enhance a state’s equity goals
What States Can Expect

• **Technical assistance**: State teams will receive individualized supports through CHCS, including:
  → Information about best practices
  → State-to-state connections
  → Technical assistance in planning, designing, and developing policy changes and new programs

• **Subject matter experts**: States will have access to national clinical and policy leaders with expertise in insulin-requiring diabetes.
What States Can Expect

• Financial support for the Acceleration Project: States will be able to direct up to $75,000 to support advancement of the proposed Acceleration Project.

Examples:

→ Developing financial models for covering new populations
→ Forecasting the financial impact of policy changes
→ Evaluating the cost, utilization, and outcomes of new programs
→ Developing stakeholder engagement plans
→ Drafting policy documents and managed care contract language
→ Developing or refining value-based payment models that leverage CGMs
What States Can Expect

**Online resource library:** States will have access to a curated, online resource library developed to support state efforts to increase access to CGMs in Medicaid.

**Strategic work plan:** CHCS will support states in identifying actions and strategies to achieve the Acceleration Project’s goals and measure project progress through the 18-month program.

**Site visit:** Each team will have the opportunity for an in-person site visit with CHCS and other relevant partners to advance the project.

**Peer learning opportunities:** CHCS will facilitate connections between state teams based on their developing interests and needs and will foster relationships among participants with similar Acceleration Projects.
Anticipated Time Commitment

• Monthly calls with CHCS
• Calls with SMEs to support the Acceleration Project
• Peer learning calls
• One site-visit
Eligibility

• **A proposed CGM-focused Acceleration Project:** The project should aim to improve health outcomes and reduce disparities among Medicaid beneficiaries through enhanced CGM access.

• **Cross-sector state team:**
  → Must include a project lead and key staff from within the state’s Medicaid agency.
  → Can include staff from child welfare, long-term care, mental health, public health, and broader HHS “super agencies.”
  → May also include representatives from outside government — such as health plans, community, and/or provider organizations that are key partners in achieving the goals of the state’s proposed project.
Application Narrative

1. What is your interest in applying? Provide information about:
   a. The status of CGM coverage by your state’s Medicaid program, including in both fee-for-service and managed care.
   b. Current policies and any efforts in your state to reduce disparities or increase access to CGMs.

2. Describe your proposed Acceleration Project, goals, and expected outcomes.

3. Describe how the following supports might be used to advance your proposed Acceleration Project as described in Question 2 above?
   a. CHCS technical assistance
   b. Program funds
Selection Criteria

- Program eligibility
- Strength of the application, including clarity of the issue being addressed and the target population
- Potential impact of the proposed Acceleration Project, including potential for sustainability and scalability
- Ability to measure success
### Selection and Program Timeline

<table>
<thead>
<tr>
<th>Activity</th>
<th>Date</th>
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<tbody>
<tr>
<td>Completed RFA due to CHCS</td>
<td>May 31, 2023, 5pm ET</td>
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<tr>
<td>Applicants notified of selection</td>
<td>Mid-July 2023</td>
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<tr>
<td>Signed/executed award contracts</td>
<td>Mid-August 2023</td>
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<tr>
<td>Program Period</td>
<td>September 2023 – February 2025</td>
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