

# Community Mapping: Checklist for Behavioral Health and Community-Based Resources Serving At-Risk Adolescents

**HOW TO USE THIS TOOL:** When an adolescent screens as high-risk during a Screening, Brief Intervention, and Referral to Treatment (SBIRT) evaluation, providers may need to connect with behavioral health specialists for next steps. This checklist can be used by health plans and primary care providers as they identify behavioral health and community-based resources serving at-risk adolescents in their community.

- Include a list (by zip code) of available, in-network outpatient behavioral health providers and family-based treatment services with a focus on pediatric behavioral health or substance use needs. Indicate providers and services that accept Medicaid reimbursement, those that are in-network for carved-in services, and those that accept only private insurance reimbursement.
- Include a list (by region) of community organizations that specialize in youth substance use prevention, including those that use peer groups or peer-to-peer support for youth with substance use needs.
- Include a list (by region) of available recovery support services for youth and families.
- Include a list (by region) of school-based clinics that have on-site behavioral health resources for youth with substance use needs-
- Include a list (by region) of youth development community-based programs for at-risk youth (e.g., YMCA, Boys and Girls Club)-
- Include a list (by region) of relevant social service departments where services can be accessed (e.g., housing, food, transportation).
- Include a list of national, regional, and community-based informational resources, as well as access portals that support youth and families with behavioral health needs (e.g., Healthify, Health Leads, 211).
- Include a list (by plan) of the case management and referral services available for youth and families.

## ABOUT THIS RESOURCE

This resource is a product of *Improving Access to SBIRT Services for Adolescents*, a three-year learning collaborative of Medicaid-focused safety net health plans to advance prevention and early intervention for adolescent substance use disorders. The initiative was led by the Center for Health Care Strategies in partnership with the Association for Community Affiliated plans, with funding from the Conrad N. Hilton Foundation. For more information, visit CHCS' *Improving Access to Screening, Brief Intervention, and Referral to Treatment in Primary Care for Adolescents* Resource Center at [www.chcs.org/sbirt-resource-center/](http://www.chcs.org/sbirt-resource-center/).

## ABOUT THE CENTER FOR HEALTH CARE STRATEGIES

The Center for Health Care Strategies (CHCS) is a nonprofit health policy resource center committed to improving health care quality for low-income Americans. CHCS works with state and federal agencies, health plans, providers, and community-based organizations to develop innovative programs that better serve people with complex and high-cost health care needs. For more information, visit [www.chcs.org](http://www.chcs.org).