Day Habilitation and Sobering Centers in Orange County: CalAIM Community Supports Early Adopters Series

January 9, 2023
10:30 am – 12:00 pm PT/ 1:30 – 3:00 pm ET

Made possible by the California Health Care Foundation
Questions?

To submit a question, please click the Q&A icon located at the bottom of the screen.
Welcome and Introductions
CalOptima Health’s Approach to Sobering Centers and Day Habilitation
BeWell and Sobering Centers
Chrysalis and Day Habilitation
Closing
Introductions
Center for Health Care Strategies

Dedicated to strengthening the U.S. health care system to ensure better, more equitable outcomes, particularly for people served by Medicaid.

Together with our partners, our work advances:

- **Effective models for prevention and care delivery** that harness the field’s best thinking and practices to meet critical needs.

- **Efficient solutions for policies and programs** that extend the finite resources available to improve the delivery of vital services and ensure that payment is tied to value.

- **Equitable outcomes for people** that improve the overall wellbeing of populations facing the greatest needs and health disparities.
Meet Today’s Presenters

Diana Crumley, JD, MPAff
Associate Director
Center for Health Care Strategies

Mia Arias, MPA
Director, Medi-Cal/CalAIM CalOptima Health

Nicole Ramirez, MBA, MA
Director of Quality Improvement
BeWell

Melora Simon, MPH
Associate Director, Complex Care
California Health Care Foundation

Mariana Torres, MSW, LCSW
Senior Program Officer, People-Centered Care
California Health Care Foundation

Mark Loranger, MBA
President and CEO
Chrysalis
California Advancing and Innovating Medi-Cal (CalAIM)

• Launched January 2022, CalAIM is a multi-year care delivery and payment reform initiative

• Two major components:
  → Enhanced Care Management (ECM)
  → Community Supports

• Community Supports includes 14 optional managed care services (or in lieu of services) that address health-related social needs like food and housing insecurity
  → Service uptake varies greatly across counties
CalAIM Community Supports Early Adopters Webinar Series

• Spotlight provider/plan partnerships in counties reporting higher use of Community Supports with overall low uptake (identified using 2022 data)

• Community Supports include:
  → Day Habilitation with lower uptake
  → Sobering Centers
  → Nursing facility Transition/Diversion
  → Environmental Accessibility Modifications
  → Asthma remediation
  → Short-term Post-Hospitalization Housing
CHCF Resource Center

Visit CHCF’s website to explore the collection of tools and resources aimed at helping organizations understand and implement CalAIM.

www.chcf.org/calaim
Our Mission
To serve member health with excellence and dignity, respecting the value and needs of each person.

Our Vision
By 2027, remove barriers to health care access for our members, implement same-day treatment authorizations and real-time claims payments for our providers, and annually assess members’ social determinants of health.

Implementing CalAIM: Day Habilitation & Sobering Center Services

2024
Mia Arias, Director of CalAIM Operations
CalOptima Health Overview

• Mission: To serve member health with excellence and dignity, respecting the value and needs of each person

• Founded as Orange County’s community health plan for low-income families, seniors and people with disabilities

• Serves 1 in 4 adults and 1 in 3 children in Orange County

• Has 1,500 employees and an annual budget of $4 billion
What Are CalAIM’s Goals?

• CalAIM – California Advancing and Innovating Medi-Cal
  • Addresses California’s physical and mental health needs
  • Improves and integrates care for Californians
  • Is a catalyst for equity and justice
  • Works together to build a healthier state
What Are CalAIM’s Initiatives?

- Behavioral health
- Dental
- CalAIM Incentive Payment Program (IPP)
- Homelessness and Housing Incentive Program (HHIP)
- Integrated care for dual eligible members
- Justice-Involved Initiative
- Population Health Management
What Are CalAIM’s Initiatives? (cont.)

- Providing Access and Transforming Health (PATH)
- Statewide managed long-term care
- Supporting health and opportunity for children and families
- Community Supports
- Enhanced Care Management (ECM)
CalOptima Health’s Approach

• Community based
  • Bringing in new organizations
• Building meaningful partnerships
• Working together and learning as we go
• Providing on-going support to ensure our members receive the highest quality services
  • Alignment of funding support
Day Habilitation Programs

• Services designed to assist in acquiring, retaining, and improving self-help, socialization and adaptive skills necessary to reside successfully in one’s natural environment
  • For example: Support to learn how to use public transportation, personal skill development and daily living skills
  • Can be a group or individual setting

• Length of service
  • As long as necessary
  • Six-month authorizations
Day Habilitation Programs (cont.)

• Eligibility
  • Homeless or at risk of homelessness or institutionalization
  • Left homelessness and entered housing in the past 24 months
Day Habilitation Stats

- Currently contracted with 11 providers
  - Including CBOs, Recuperative Care providers and shelters.
- Since the launch of this service in July 2022, 732 members have utilized this service.
Sobering Centers

• Services such as medical triage, lab testing, a temporary bed, rehydration and food service, treatment for nausea, wound and dressing changes, shower and laundry facilities, substance use education and counseling, navigation and warm handoffs for additional substance use services or other necessary health care services, and homeless care support services

• Length of service
  • 24 hours
Sobering Centers (cont.)

- Eligibility
  - 18 and over
  - Intoxicated
  - Conscious
  - Cooperative
  - Able to walk
  - Non-violent
  - Free from any medical distress, including life-threatening withdrawal symptoms or apparent underlying symptoms
  - Agreeable to obtain services
Sobering Center Stats

• Currently contracted with 2 providers
• Since the launch of this service in July 2022, 705 members have utilized this service.
BeWell and Sobering Centers
Sobering Center (12 beds)
CSU Adult (14 beds)
CSU Adol (8 beds)
Crisis Residential Program (15 beds)
Withdrawal Management (12 beds)
SUD Women’s Residential (15 beds)
SUD Men’s Residential (15 beds)
SOBERING CENTER

Referral & Exclusionary Criteria

The Sobering Center is a voluntary program open 24/7 for adults who are acutely intoxicated and who may have a co-occurring mental illness.

**Referral Criteria:**
- Orange County resident 18 years of age or older
- Intoxicated or suffering from an acute reaction to substance use
- Are voluntarily choosing to receive services at the Sobering Center
- Medically stable (see Exclusionary Criteria below)
- Blood alcohol level at or below 0.4 (if known)
- Not currently being charged with a DUI or other offense(s)

**Exclusionary Criteria:**
- Blood alcohol level greater than 0.4 (if known)
- Medical condition requiring urgent assessment or treatment at an emergency department
- Complaints of chest pain or shortness of breath
- Open or draining wounds
- Observed seizure activity
- Individuals who are not able to ambulate or transfer independently

**Services Located at the Be Well Campus**
265 South Anita Drive, Orange, CA 92868 | Main Number: 949-749-2500
Moderated Q&A
Chrysalis and Day Habilitation
Chrysalis serves people navigating barriers to the workforce by offering a job-readiness program, individualized supportive services, and paid transitional employment. We empower our clients on their pathway to stability, security, and fulfillment in their work and lives.
We envision a community where everyone has the opportunity to work and thrive!
OUR CENTERS & LOCATIONS

Downtown Los Angeles
522 S. Main St.
Los Angeles, CA 90013
(213) 806-6300

Orange County
290 S. Anaheim Blvd.
Anaheim, CA 92805
(714) 204-3000

Inland Empire
1450 E. Cooley Drive
Colton, CA 92324
(714) 204-3080

San Fernando Valley
13545 Van Nuys Blvd. #1
Pacoima, CA 91331
(818) 794-4200

Santa Monica
1853 Lincoln Blvd.
Santa Monica, CA 90404
(310) 401-9400

Chrysalis at DOORS
Reentry Opportunity Center
3965 S. Vermont Ave., 3rd Floor
Los Angeles, CA 90037
(323) 730-4442
1,594 clients secured employment, Earning an average hourly wage of $18.46

2022 program results
OUR SOCIAL ENTERPRISE

Chrysalis has four employment social enterprise business divisions which offer transitional jobs to clients, giving them the opportunity to earn a paycheck and develop marketable experience and occupational skills within a supportive work environment as they continue to search for employment.

A transitional job with one of our business lines is often the steppingstone clients need to move on to employment outside of our organization.

1,709 individuals worked a transitional job with Chrysalis, making an average of $17.02 an hour, for a cumulative sum of $16.6m+ in wages earned by Chrysalis clients.

*2022 program data
Chrysalis – CalOptima Health Partnership

CalAIM -> Community Supports -> *Day Habilitation*

Assist the Member in acquiring and retaining **self-help, socialization, and adaption skills** necessary to reside successfully. Provided in a way that improves **overall care coordination** and management.

**Examples:**

- Developing and maintaining interpersonal relationships
- Daily living skills (cooking, cleaning, shopping)
- Managing personal financial affairs
- Personal skill development in conflict resolution
- Assistance with income and benefits advocacy
Chrysalis – CalOptima Health Partnership

Day Habitation at Chrysalis

• Employment is a social determinant of health
• Case Management and Social Enterprise Employment are billable services
• 196 approved authorizations in 2023, 116 currently on billing
• Projected $10,000/month in 2024 in Orange County
• Hoping to expand this program into Los Angeles County
Implementation Challenges

- Chrysalis was new to Medi-Cal billing and contracts
- Administrative learning curve
- Single provider (Orange County/CalOptima) vs. multi provider (LA County)
Moderated Q&A
Closing

• To hear about upcoming webinars in this series, register for CHCS e-mail updates: www.chcs.org/sign-up/

• Questions?
  Please contact Diana Crumley (dcrumley@chcs.org)
Visit CHCS.org to...

• **Download practical resources** to improve health care for people served by Medicaid.

• **Learn about cutting-edge efforts** from peers across the nation to enhance policy, financing, and care delivery.

• **Subscribe to CHCS e-mail updates**, to learn about new resources, webinars, and more.

• **Follow us on Twitter** @CHCShealth.