Establishing Accountable Physical/Behavioral Health Care Homes: Pennsylvania’s Innovations Pilots

CHCS Webinar
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Agenda

1) Pilot Rationale and Goals

2) Framing the Pilot: Intervention Pillars

3) Performance Incentive Approach and Evaluation
Unique Opportunity for Pennsylvania

PH – BH systemic coordination: longstanding challenge

Claims review highlighted “SMI” population as costly group

Tight budget climate increased motivation

Complex SMI care needs only addressed with effective coordination

High yield potential – efficiency and quality
# Serious Mental Illness is a Predictor of Poor Health Outcomes

*SMI reduces life expectancy by 25 years --- many risk factors are preventable*

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<thead>
<tr>
<th>High BP</th>
<th>Diabetes</th>
<th>Cardiovascular Disease</th>
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<tbody>
<tr>
<td>Obesity</td>
<td>Poor Nutrition</td>
<td>Smoking</td>
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<tr>
<td>Low Physical Activity</td>
<td>Substance Abuse</td>
<td>Side Effects of Psychotropic Medications</td>
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<td>Poor Access to Primary Care Services</td>
<td>Stigma</td>
<td>Lack of Cross-Discipline Training</td>
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Better Program Administration
Stronger connections between PH & BH systems at all levels
- DPW staff
- Health Plans
- Providers

Better Health Care
- Fewer Hospitalizations
- Appropriate use of ER
- Connection to medical home
- Coordinated care delivery (PH/BH)

Satisfied Consumers
- Empowered
- Engaged
- Self-sufficient
Defining the Target Population

- Adults (18+) residing in selected counties and members of participating physical health plans
- Diagnosis of Serious Mental Illness (SMI) using the diagnostic criteria from the Federal SMI definition:
  - schizophrenia, major mood disorder, psychotic disorder NOS, or borderline personality disorder
    (DSM-III-R diagnostic codes 295.xx, 296.xx or 301.83).
- Stratified on PH & BH risk indicators
Framing the Pilot: The Pillars

- Provider engagement and medical home
- Consumer engagement
- Data management and information exchange
- Coordination of hospital discharge and appropriate follow-up
- Pharmacy management
- Appropriate ED use for behavioral health treatment
- Alcohol and substance abuse treatment/care coordination
- Co-location of resources
Innovations in Pennsylvania

Southwest
Connected Care
UPMC for You, Allegheny County, Community Care Behavioral Health
≈ 4,200 members

Southeast
HEALTHCHOICES
HealthConnections
Keystone Mercy Health Plan, Bucks, Montgomery, Delaware Co & Magellan Health Services
≈ 3,600 members
Shared Incentives Pool

PA established joint PH-BH incentives pool

- Defined performance measures
- PH managed care plan and BH counties “rise and fall” together
- State funds not contingent on realized savings
Performance Measures

Year One – Process Measures

1) Member stratification
2) Development of integrated care plan
3) Real time notification of hospital and ER admission
4) Identification of medication gaps

Year Two – Add Outcome Measures

1) Reduced hospital admissions
2) Reduced ER utilization
Implementation Progress

- The “consent” challenge
- Provider engagement
- State contracting
- Systems changes
Looking Ahead

• Rigorous external evaluation at end of 2-year pilot
• Qualitative & quantitative analyses
• Identify best practices for statewide roll-out
Questions & Discussion

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