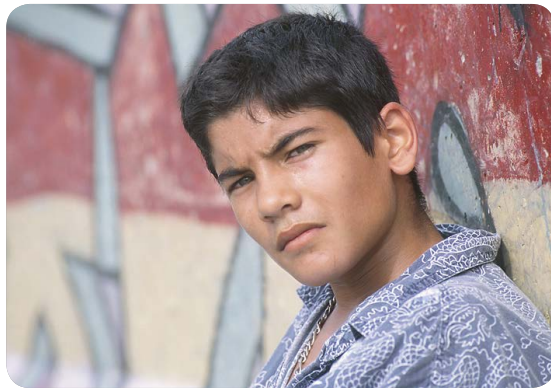


**Video Resources: The Conrad N. Hilton Foundation  
Youth Substance Use Prevention and  
Early Intervention Strategic Initiative**



Conrad N. Hilton  
FOUNDATION



CATAGORY	SOURCE	SUBJECT	VIDEO LINK
SBIRT Overview	Evans Health Lab	A Rethink of the Way We Drink	<a href="https://www.youtube.com/watch?v=tbKbq2lytC4">https://www.youtube.com/watch?v=tbKbq2lytC4</a>
	SBIRT Colorado	Screening and Brief Counseling for Alcohol and Other Drugs	<a href="https://www.youtube.com/watch?v=cUXVEdnGVAE">https://www.youtube.com/watch?v=cUXVEdnGVAE</a>
	SBIRT Colorado	The SBIRT Process	<a href="https://www.youtube.com/watch?v=hqt2CuvyiXc">https://www.youtube.com/watch?v=hqt2CuvyiXc</a>

Screening	University of Maryland Baltimore	Screening for Substance Abuse- Positive Screen	<a href="https://www.youtube.com/watch?v=L-A4Wea3SaE">https://www.youtube.com/watch?v=L-A4Wea3SaE</a>
	University of Maryland Baltimore	Screen for substance abuse - Negative screen	<a href="https://www.youtube.com/watch?v=5LjhAJMTwml">https://www.youtube.com/watch?v=5LjhAJMTwml</a>

Brief Intervention	The Southeastern Consortium for Substance Abuse Training	At Risk Alcohol Brief Intervention	<a href="https://www.youtube.com/watch?v=AcGCRJcfl4w">https://www.youtube.com/watch?v=AcGCRJcfl4w</a>
	Sharon Cirone	Brief Intervention: Adolescent with Opioid Use Disorder	<a href="https://www.youtube.com/watch?v=OAKRz9TiJUE">https://www.youtube.com/watch?v=OAKRz9TiJUE</a>
	University of Missouri ADEPT Program	Videos on MI, BI/MI, ratings, instruments, more	<a href="https://adept.missouri.edu/Resources.aspx">https://adept.missouri.edu/Resources.aspx</a>
	University of Maryland Baltimore	Brief Intervention: Marijuana	<a href="https://www.youtube.com/watch?v=tSd5ouz2lXw">https://www.youtube.com/watch?v=tSd5ouz2lXw</a>

Referral to Treatment	IRETA	Referral to Treatment Part 1	<a href="https://www.youtube.com/watch?v=vhyOcl8C4VI&amp;index=4&amp;list=PLiML4AFpuB71TAqFWZga6XFuf7j8LLSGp">https://www.youtube.com/watch?v=vhyOcl8C4VI&amp;index=4&amp;list=PLiML4AFpuB71TAqFWZga6XFuf7j8LLSGp</a>
	IRETA	Referral to Treatment Part 2	<a href="https://www.youtube.com/watch?v=r9EZ4OeQEnM">https://www.youtube.com/watch?v=r9EZ4OeQEnM</a>

***The following resources provide information on different approaches that can be used during a brief intervention.***

Brief Negotiated Interview	Yale School of Medicine	Videos on Brief Negotiated Interview	<a href="http://medicine.yale.edu/sbirt/curriculum/video/index.aspx">http://medicine.yale.edu/sbirt/curriculum/video/index.aspx</a>
	Boston University School of Public Health	SBIRT for alcohol/drugs with adolescents	<a href="https://www.youtube.com/watch?v=jzFZ4JYyu_w">https://www.youtube.com/watch?v=jzFZ4JYyu_w</a>
	Boston University School of Public Health	SBIRT for alcohol/drugs with adolescents/ marijuana	<a href="https://www.youtube.com/watch?v=dqOs5N4QPNw">https://www.youtube.com/watch?v=dqOs5N4QPNw</a>
	Boston University School of Public Health	SBIRT for alcohol use: Family	<a href="https://www.youtube.com/watch?v=SmmAjl41FZU">https://www.youtube.com/watch?v=SmmAjl41FZU</a>
	Boston University School of Public Health	Pros and Cons: SBIRT For alcohol/drugs for adolescents	<a href="https://www.youtube.com/watch?v=dLGyFADKYJo">https://www.youtube.com/watch?v=dLGyFADKYJo</a>
	Boston University School of Public Health	Readiness Ruler: SBIRT for alcohol/drugs with adolescents	<a href="https://www.youtube.com/watch?v=oVVociJOP8o">https://www.youtube.com/watch?v=oVVociJOP8o</a>

CATAGORY	SOURCE	SUBJECT	VIDEO LINK
Motivational Interviewing	Missouri Institute of Mental Health	Rolling with Resistance	<a href="https://www.youtube.com/watch?v=lpz9LCLntOY">https://www.youtube.com/watch?v=lpz9LCLntOY</a>
	Missouri Institute of Mental Health	Tips to Assess Readiness for Change	<a href="https://www.youtube.com/watch?v=5gTvayiTrtY">https://www.youtube.com/watch?v=5gTvayiTrtY</a>
	Missouri Institute of Mental Health	5 Step Problem Solving Model	<a href="https://www.youtube.com/watch?v=jXXgRZWV-TA">https://www.youtube.com/watch?v=jXXgRZWV-TA</a>
	Missouri Institute of Mental Health	Enhancing Social Supports	<a href="https://www.youtube.com/watch?v=3w5VQuSse9E">https://www.youtube.com/watch?v=3w5VQuSse9E</a>
	Missouri Institute of Mental Health	Help clients commit and take action	<a href="https://www.youtube.com/watch?v=jhSC0zsd21l">https://www.youtube.com/watch?v=jhSC0zsd21l</a>
	Missouri Institute of Mental Health	Assertive Communication	<a href="https://www.youtube.com/watch?v=1wWFNeDMroc">https://www.youtube.com/watch?v=1wWFNeDMroc</a>
	Missouri Institute of Mental Health	Help clients know their thoughts and emotions	<a href="https://www.youtube.com/watch?v=k8OPkQhKVHw">https://www.youtube.com/watch?v=k8OPkQhKVHw</a>
	Missouri Institute of Mental Health	Motivational Interviewing Spirit	<a href="https://www.youtube.com/watch?v=5DQLZ4qpCyM">https://www.youtube.com/watch?v=5DQLZ4qpCyM</a>
	Missouri Institute of Mental Health	How to Ask Open Ended Questions	<a href="https://www.youtube.com/watch?v=JcNf6txE-2Q">https://www.youtube.com/watch?v=JcNf6txE-2Q</a>
	Missouri Institute of Mental Health	How to provide reflections in MI	<a href="https://www.youtube.com/watch?v=Rc5x-kAMJ4c">https://www.youtube.com/watch?v=Rc5x-kAMJ4c</a>

**MET CBT Plus**

The 14 video vignettes on MET CBT Plus are designed to support training and clinical supervision in Motivational Enhancement Therapy (MET) and Cognitive Behavior Therapy (CBT) intervention models.

- Videos use a combination of skills demonstration, bulleted key information, and oral narration.
- Videos demonstrate both the effective and ineffective ways of using the skills.
- “Skills in Action” videos begin by teaching core elements of Motivational Interviewing.
- The videos proceed to demonstrate the integration of MI into the delivery of Cognitive Behavior Therapy and illustrate how to do good structured intervention.

To access the Skills in Action videos on the [MET CBT Plus website](#), use the following log in information:  
**User name:** abt  
**Password:** abtclinical  
*Special thanks to Win Turner of MET CBT Plus for providing us with a member log in account to use.*

***This is a sample list of video resources on SBIRT and not a comprehensive list. If you have other videos you'd like added to the list, please let us know.***